

CROESO

Mae gwledd i'ch synhwyrau i gyd ar y penrhyn prydferth hwn.

Mwynhewch heddwch hudolus Llŷn, ardal sydd wedi'i dynodi'n Ardal o Harddwch Naturiol Eithriadol (AHNE) ers 1957.

Mae AHNE Llŷn yn ardal o tua 15,000 hectar. Pwrpas y dynodiad yw i warchod yr harddwch naturiol a chynnal bywyd gwylt, nodweddion hanesyddol a diwylliant lleol, heb anghofio anghenion economaidd a chymdeithasol y gymuned leol.

Mwynhewch feicio neu gerdded o'r glannau amrywiol a hardd i'r bryniau igneidd sy'n britho'r Penrhyn. O'r natur wylt i'r trysorau hanesyddol a diwylliannol, mae digon yma i'ch diddor.

Mabwysiadwyd y fran goesgoch, aderyn prin sy'n gynhenid i Lŷn fel arwyddlon yr AHNE.

Am fwy o wybodaeth ewch i'r safle we:

www.ahne-llyn-aonb.cymru

WELCOME

Feast your senses visiting this stunning peninsula.

Enjoy the enchanting peace of Llŷn, an area which has been designated as an **Area of Outstanding Natural Beauty (AONB)** since 1957.

The Llŷn AONB covers an area of 15,000 hectares. The purpose of the designation is to preserve and enhance the natural beauty, to safeguard wildlife, historic features and culture, keeping in mind the local economic and social needs.

Enjoy cycling or walking from the varied coast to the peninsula's backdrop of prominent igneous hills. From the wildlife to the historical and cultural treasures, there's plenty to do here.

The chough, a rare species which is indigenous to Llŷn has been adopted as the AONB logo.

For more information visit the website:

www.ahne-llyn-aonb.cymru

CYNNWYS MAP AM DDIM
FREE MAP

YMWELD Â
VISIT
Llŷn



ARDAL O HARDDWCH
NATURIOL EITHRIADOL
AREA OF OUTSTANDING
NATURAL BEAUTY

www.ahne-llyn-aonb.cymru

en Mwynhewch Enjoy

fflecsi Llŷn

Mae fflecsi yn ffordd wahanol o deithio ar fws ac yn wasanaeth newydd cyffrous gan Trafnidiaeth Cymru mewn partneriaeth â'ch gweithredwyr bysiau lleol.
Fflecsi is a different way to travel by bus and an exciting new service from Transport for Wales in partnership with your local bus operators.

Lawr iwythwch ap fflecsi i archebu - sganio'r cod.

Download the fflecsi app to book - scan the code.



Mae'r gwasanaeth yn rhedeg ar ddyddiau Gwener, Sadwrn, Sul a Llun o fis Ebrill hyd at ddiwedd Medi rhwng 09:00 a 18:00. Gweler yr ap am yr union ddyddiadau.

Ein ap yw'r ffordd hawsaf o ddefnyddio fflecsi. Mae'r ap yn dangos i chi ble mae'ch gwasanaeth fflecsi, ble bydd yn eich casglu a phryd fydd o'n cyrraedd.

Neu archebwch drwy ein ffonio ar 0300 234 0300, dydd Llun i ddydd Sadwrn: 07:00 -19:00,
Dydd Sul: 09:00 - 18:00.

The service will run on Friday, Saturday, Sunday and Monday from April to the end of September between 09:00 and 18:00. Please see the app for exact dates.

Our app is the easiest way of using fflecsi. The app will show you where the service is, when it will collect you and when it will arrive.

Or book by phoning us on 0300 234 0300,
Monday to Saturday: 07:00 -19:00.
Sunday: 09:00 -18:00.



CLUDIANT CYHOEDDUS PUBLIC TRANSPORT

Traveline Cymru www.traveline.cymru | 0800 464 0000

Rail - Rheilffordd www.nationalrail.co.uk

Dyddiwyd gan Wasanaeth AHNE Llŷn | Published by Llŷn AONB service
Lluniau gan / Photos by: ©(2023) Croeso Cymru/Visit Wales | ©AHNE Llŷn/Llŷn AONB

Dyddiwyd gan / Design by: www.martdesign.net





f /ecoamgueddfa
t @Ecoamgueddfa
www.ecoamgueddfa.org

#ECOAMGUEDDFA – Ecoamgueddfa Gyntaf Cymru

Prosiect digidol yw'r #Ecoamgueddfa sy'n gweithio mewn partneriaeth gyda'r saith safle isod i ddathlu a hyrwyddo hanes, diwylliant, treftadaeth a digwyddiadau Pen Llŷn.

#ECOAMGUEDDFA – Wales' First Ecomuseum

The #Ecoamgueddfa works in partnership with all of the attractions below to promote and celebrate Pen Llŷn's history, culture, heritage and events via digital technology.

01 NANT GWRTHEYRN



www.nantgwrtheyrn.org | 01758 750 334 | **f** **t**

02 AMGUEDDFA FORWROL LLŶN MARITIME MUSEUM



www.llyn-maritime-museum.co.uk | 01758 721 313 | **f** **t**

03 PORTH Y SWNT

Ymddiriedolaeth Genedlaethol
National Trust



www.nationaltrust.org.uk/porth-y-swnt | 01758 703 810

04 PLAS YN RHIW

Ymddiriedolaeth Genedlaethol
National Trust



www.nationaltrust.org.uk/plas-yn-rhiw | 01758 780 219

05 MENTER Y FELIN UCHAF



www.felinwales.org | 01758 780 280 | **f**

06 PLAS GLYN-Y-WEDDW



www.oriel.org.uk | 01758 740 763 | **f** **t**

07 PWLLHELI



www.pwllhelis.com | 01758 740 763 | **f** **t**

CYLCHDEITHIAU CIRCULAR ROUTES

Gallwch naill ai ddilyn Llwybr Arfordir Cymru, neu mae nifer o cylchdeithiau wedi eu datblygu. Ceir mapiau ar wefan Eryri Mynyddoedd a Môr: www.ymweldageryri.info/cy/llwybr-arfordir-cymru-cylchdeithiau-cerdred



As an alternative to the linear path along the Wales Coast Path, a number of circular routes have been developed. Maps can be downloaded from Snowdonia (Eryri) Mountains and Sea website: www.visitsnowdonia.info/wales-coast-path-and-circular-walks

01 TREFOR

15km 9.3milltir 5awr | 15km 9.3miles 5hrs

Pentre chwarel>eglwys fawreddog Beuno>mynyddoedd a golygfeydd dihafal

Quarry village>magnificent Beuno church>mountains and unrivalled views

02 LLITHFAEN

13km 8 milltir 4awr | 13km 8 miles 4hrs

Dringo'r Eifl>bryngaer Tre'r Ceiri >Nant Gwrtheyrn>tafarn gymunedol Y Fic >Darllenwch am adfail Cae'r Mynydd a mwya o lwybrau ar wefan www.tafarnyfic.com

Climb the Rivals>Tre'r Ceiri Iron Age fort>Nant Gwrtheyrn>community owned pub>The story of the ruin Cae'r Mynydd and more routes are available on www.tafarnyfic.com

03 NEFYN

6.4km 4milltir 2awr | 6.4km 4miles 2hrs

Tref hanesyddol>Amgueddfa Forwrol>Cae lorwerth >Tŵr Gwylio >Bragdy Cwrw Llŷn

Historical town>Maritime Museum>Edward 1st's field >Lookout Tower>Cwrw Llŷn Brewery

04 EDERN

13km 8milltir 4awr | 13km 8 miles 4hrs

Y Felin>Cors Geirch>Abergeirch>bad achub >Porthdinllaen>Tŷ Coch

Old Mill>Cors Geirch Nature Reserve>Abergeirch>lifeboat >Porthdinllaen>Tŷ Coch pub

05 TUDWEILIOG

5km 3.2milltir 2.5awr | 5km 3.2 miles 2.5hrs

Porth Ysgaden>odyn galch>adfeilion>Porth Ysglais >tir amaethyddol>ffynnon ac eglwys Cwyfan

Porth Ysgaden harbour>lime kiln>historical ruins>Porth Ysglais >farmland>Cwyfan church and well

06 LLANGWNNAIDL

6.4km 4milltir 2.5awr | 6.4km 4miles 2.5hrs

Porthladd hynafol Porth Colmon>llongddrylliad y Stuart >Canolfan Dreftadaeth Pen-y-Graig>gorffwysfa'r pererion

Porth Colmon harbour>Stuart shipwreck>Heritage Centre >respite for pilgrims

07 ABERDARON

15km 9.3milltir 5awr | 15km 9.3miles 5hrs

Pentref hudolus>Porth Meudwy>mynydd a thraeth >eglwys Sant Hywyn

Enchanting village>Porth Meudwy fishing harbour>mountain and beach>St Hywyn's church

08 RHIW

4.3 km 2.7milltir 2awr | 4.3 km 2.7 miles 2hrs

Coedwig>olion cynhanesyddol>bythynnod>gwaith manganîs >Plas yn Rhiw>Ffynnon Aelrhiew

Woodland>prehistoric remains>manganese mine

>Plas yn Rhiw>Aelrhiew Well

09 BOTWNNOG

15km 9.3milltir 6awr | 15km 9.3 miles 6hrs

Eglwysi hynod>Seithbont>simnai Llanengan>bryngaaer a chafn bragu

Historical churches>Seithbont>Llanengan chimney>brewing trough and hill fort

10 LLANBEDROG

3.6km 2.3milltir 2awr | 3.6km 2.3 miles 2hrs

Oriel Plas Glyn y Weddw>coedwig>y ddelw>chwarel ithfaen >Ynysoedd Tudwal

Plas Glyn y Weddw Gallery>woodland paths>The Iron Man >granite quarry>St Tudwal's Islands

11 LLANYSTUMDWY

5km 3milltir 1.5awr | 5km 3 miles 1.5hrs

Amgueddfa Lloyd George>Afon Dwyfor>Canolfan Tŷ Newydd>Tafarn y Plu

Lloyd George Museum>River Dwyfor>Tŷ Newydd Literature centre>The Feathers Pub

Y CÔD CEFN GWLAD

Eich canllaw ar gyfer mwynhau parciau, dyfrffydd, arfordir a chefn gwlad.



- byddwch yn ystyriol o'r rhai sy'n byw yng nghefn gwlad, yn gweithio yno ac yn ei fwynhau
- gadewch giatiau ac eiddo fel yr oeddent
- peidiwch â rhwystro mynediad i giatiau neu dramwyfeydd wrth barcio
- byddwch yn gyfeillgar, dywedwch helo, rhannewch y lle
- dilynwch arwyddion lleol a chadwch at lwybrau wedi'u marcio oni bai bod mynediad ehangach ar gael

THE COUNTRYSIDE CODE

Your guide to enjoying parks and waterways, coast and countryside.

- be considerate to those living in, working in and enjoying the countryside
- leave gates and property as you find them
- do not block access to gateways or driveways when parking
- be nice, say hello, share the space
- follow local signs and keep to marked paths unless wider access is available

Y LLWYBR ARFORDIR - Y CAMAU

THE COAST PATH - THE STAGES



Mwynhewch amrywiaeth o olygfeydd môr a mynydd wrth deithio llwybrau arfordir Llŷn. Mae'r mapiau diweddaraf ar gael i'w lawrlwytho o wefan:

www.llwybrarfodircymru.gov.uk

Enjoy the diversity of spectacular landscapes, of sea and mountain, as you walk the coastal path. Download an updated map from:

www.walescoastpath.gov.uk

TREFOR - NANT GWRTHEYRN 4milltir | 4miles

Trwy Fwlch yr Eifl i Llŷn>chwareli ithfaen>bryngae'r Tre'r Ceiri
>Canolfan Iaith Nant Gwrtheyrn

Through the Rivals Pass to Llŷn>a granite quarry village
>Tre'r Ceiri Hill Fort>Nant Gwrtheyrn Welsh Language Centre

NANT GWRTHEYRN - NEFYN 5milltir | 5miles

Carreg Llam>eglwys Pistyll>Amgueddfa Forwrol Liŷn
>Bragdy Cwrw Liŷn

Vortigern's valley>Pistyll Church>Liŷn Maritime Museum
>Cwrw Liŷn Brewery

NEFYN - TUDWEILOG 9milltir | 9miles

Porthdinllaen>Tŷ Coch>bad achub>bwa'n y graig>Cwt Tatws
Porthdinllaen>Tŷ Coch pub>lifeboat>natural arch>Cwt Tatws

TUDWEILOG - PORTHOR 9milltir | 9miles

Llongddrylliadau>creigiau a thraethau>Porth Wisgi
>tywod melyn sy'n chwibanu

Shipwrecks>rocks and beaches>Whisky bay
>whistling sand under your feet

PORTHOR - ABERDARON 9milltir | 9miles

Chwarel siasper>tir mynydd>gweld Enlli
>a chyrraedd pen draw'r byd

Jasper quarry>mountain>view Bardsey island
>reach the tip of the peninsula

ABERDARON - PORTH NEIGWL 11milltir | 11miles

Tai crynnion>bythynnod traddodiadol>Plas yn Rhiw
>Porth Neigwl>carte R S Thomas

Round houses>period cottages>Plas yn Rhiw>Hell's mouth
>RS Thomas' cottage

PORTH NEIGWL - ABERSOCH 9milltir | 9miles

Grug ar drwyn Cilan>traeth Porth Ceiriad>Ynysedd Tudwal
>prysurdeb Abersoch

Heathery headland>sandy Porth Ceiriad>St Tudwal Islands
>buzzing Abersoch

ABERSOCH - LLANBEDROG 5milltir | 5miles

Traeth melyn a mynydd>y ddelw>Oriel Plas Glyn y Weddw
Beach walk>steep climb>The Iron Man>Plas Glyn y Weddw Gallery

LLANBEDROG - PWLLHELI 4milltir | 4miles

Traeth gwastad>Carreg y Defaid>golygfeydd o fynyddoedd y Cambrian>twyni Pwllheli

Flat beach and clifftop walk>Carreg y Defaid>views of Cambrian mountains>Pwllheli dunes

CYLCHDEITHIAU BEICS LLŶN

LLŶN CIRCULAR CYCLE ROUTES



Mae taflon yn manylu ar y cylchdeithiau beics ar gael:

Pick up a leaflet showing the circular bike routes:

www.ahne-llyn-aonb.cymru

www.sustrans.org.uk

0845 838 0651

ALLWEDD KEY

1-7 ATYNIADAU #ECOAMGUEDdfa
#ECOAMGUEDdfa ATTRACTIONS

Y LLWYBR ARFORDIR
THE COAST PATH

1-11 CYLCHDEITHIAU
CIRCULAR WALKS

CYLCHDEITHIAU BEICS LLŶN
LLŶN CIRCULAR CYCLE ROUTES

ARDAL O HARDDWCH NATURIOL EITHRIADOL
AREA OF OUTSTANDING NATURAL BEAUTY

ARDAL CADWRAETH ARBENNIG
SPECIAL AREA OF CONSERVATION

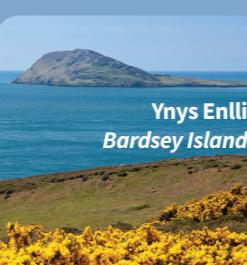
CORS GEIRCH
CORS GEIRCH NATURE RESERVE

MYNYDDOED O DDIDORDEB
MOUNTAINS OF INTEREST

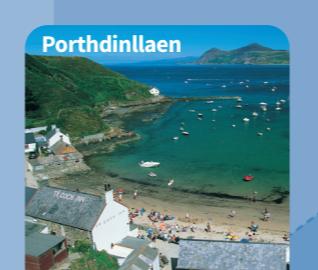
FFYRDD A4
A4 ROADS

FFYRDD B4
B4 ROADS

RHEILFFORDD A GORSAF
RAILWAY AND STATION



Ynys Enlli
Bardsey Island



Porthdinllaen



01



02



03



07



06



08



09



07



03



05



10

